

## GLOSSARY OF TERMS AND ACRONYMS

**Acute Inpatient Care:** Multidisciplinary assessment and Treatment (Tx) plan addressing nutritional, psychological, social, medical and substance abuse needs. Medical and lab tests, including follow up. Treatment by physician 7 days a week, including management of psychiatric medication. Twenty-four hour skilled nursing services provided by RN or LVN. Nutritional plan with identified target weight range and plan to achieve gain of 1 to 2 pounds weekly. Care coordination with other clinicians providing treatment to beneficiary. Discharge planning includes linkage to aftercare services and development of an outpatient treatment plan.

**Co-occurring disorders:** Substance use disorder, or other physical or developmental disorders as described in the American for Disabilities Act (ADA) in conjunction with a mental health diagnosis.

**Contract Providers:** Community based providers with LACDMH contracts for the delivery of mental health services and supports. Contract providers offer services throughout the county, and for all ages.

**Cultural Competency:** The practice of continuous self-assessment and community awareness by service providers to ensure specific needs regarding linguistic, socioeconomic, educational, spiritual and ethnic experiences of consumers and their families/support systems relative to their care.

**DMH:** Department of Mental Health, County of Los Angeles.

**Family members:** Includes any person who is in a familial or close personal relationship with someone who has behavioral health issues; including but not limited to: parents, siblings, relatives, other caregivers, and others.

**HIPAA:** The Health Insurance Portability and Accountability Act (HIPAA) was enacted by the U.S. Congress in 1996. Title II of HIPAA defines numerous offenses relating to health care, and sets civil and criminal penalties for violations thereof. It also creates several programs to control fraud and abuse within the health care system. The most significant provisions of Title II are its Administrative Simplification rules. Title II requires the Department of Health and Human Services (HHS) to draft rules aimed at increasing the efficiency of the health care system by creating standards for the use and dissemination of health care information.

**Inpatient Settings:** A locked setting, such as Hospitals and Institutes for Mental Disease (IMD), wherein mental health services are provided.

**Intensive Outpatient Program (IOP):** Service provided by appropriately licensed clinicians for a minimum of 3 hours, 3 days per week. Evaluation by physician is completed upon admission along with weekly visits. Substance use evaluation. TX plan includes targets of cognitive behavioral skills for controlling food restricting and controlling bingeing, purging and non-purging behaviors. Nutritional assessment, with specific dietary intake and target weight goals. Weekly measurement of weight, charting of calorie intake/percentage of dietary intake goals. Weekly Family Therapy for children/adolescents, family members involved in groups. Care Coordination with other clinicians. Discharge (D/C) plan includes linkage to aftercare services.

**Legal Entity:** The legal organizational structure under California law.

**Master Agreement List:** List of contractors who have submitted a Statement of Qualifications (SOQ) in response to County's Request for Statement of Qualifications (RFSQ), have met the minimum qualifications listed in the RFSQ, and have an executed Master Agreement.

**Partial Hospitalization Program (PHP):** Includes multidisciplinary treatment provided at least 6 hours a day, five days a week. Treatment is individualized and not determined by programmatic period. Evaluation by physician upon admission with weekly visits or if transferring from another intensive level of care those evaluations are obtained. Substance use evaluation. Treatment recommendations from these evaluations are integrated into the TX plan. TX plan includes targets of cognitive behavioral skills for controlling food restricting and controlling bingeing, purging and non-purging behaviors. Nutritional assessment completed upon admission, with specific dietary intake and target weight goals. Weekly measurement of weight, charting of calorie intake/percentage of dietary intake goals. Community supports identified as a part of TX plan. Weekly Family therapy for children/adolescents, family members involved in groups and educational programs. Care Coordination with other clinicians. D/C plan includes linkage to aftercare services, development of outpatient TX plan.

**Protected Health Information (PHI):** Any information about health status, provision of health care, or payment for health care that can be linked to a specific individual. This is interpreted rather broadly and includes any part of a patient's medical record, or payment history.

**Public Mental Health System:** When used in this document, the phrase *public mental health system* is defined as the County of Los Angeles, Department of Mental Health and its contracted service providers.

**Recovery Model:** A goal of mental health care in which consumer care is individualized, self-directed and strength based.

**Residential Treatment Center (RTC):** Includes evaluation by physician or equivalent professional within 72 hours of admission and at least once weekly. Physical exam and lab tests done within 72 hours if not done prior to admission. 24-hour skilled nursing services available on site to manage medical problems. Within 7 days an individualized TX plan completed, including nutritional, psychological, social, medical and substance abuse needs. TX plan consistent with Medi-Cal Beneficiary's language, cognitive, speech and hearing abilities. The majority of treatment provided in a community setting. Treatment includes the following at least once per day each session lasting 60 to 90 minutes: community milieu group therapy; group psychotherapy; activity group therapy; and once weekly individual therapy with a licensed provider. Family supports identified and contacted with weekly participation for adults and twice weekly for children and adolescents. Care Coordination with other clinicians providing treatment. Discharge planning includes linkage to aftercare services, development of an outpatient TX plan.

**Resilience:** The ability to overcome, cope and/or adjust to significant challenges that present in life.

**RFS:** Request for Services (RFS) is a solicitation based on proposed solutions in response to a defined need of the County. After evaluation of submitted Proposals, Contracts are recommended

for award to the Proposer/Proposers who submits the Proposal deemed to be in the overall best interest of the County, (generally the highest-ranking Proposer). An RFS is used when the county wants to add an additional service to an already existing program or contract agency.

**Statement of Work (SOW):** Written description of services desired by County for a specific work order.

**Threshold Language:** The California Department of Mental Health tracks how many people are served in each county in the area of mental health. If a county has 3,000 Medi-Cal consumers that speak a certain language, then that language becomes a “threshold language,” and the county is required to provide services and written materials in that language. Los Angeles County has 13 threshold languages; most counties in California have 1-3 languages. These languages are Armenian, Cambodian/Khmer, Cantonese, English, Farsi, Korean, Mandarin, other- Chinese, Russian, Spanish, Tagalog, Arabic and Vietnamese.

**Underserved/Inappropriately Served:** Individual diagnosed with a serious mental illness and/or a serious emotional disturbance, however services are either unavailable or insufficient to address the mental health needs.

**Unserved:** Individual seeking, but unable to access, mental health services due to the lack of bilingual/bicultural services or other factors both institutional, personal or community referenced.